

Item No.: 04
Date: 11 2025 FEB

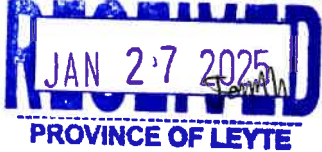


Republic of the Philippines
PROVINCE OF LEYTE
Provincial Capitol
Tacloban City

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PROVINCIAL LEGAL OFFICE

SANGGUNIANG PANLALAWIGAN



2nd **INDORSEMENT**
January 9, 2025

Respectfully returned to the Sangguniang Panlalawigan of Leyte, through the SP Secretary, the attached Ordinance No. 01 series of 2025 of the Sangguniang Bayan of Tolosa, Leyte.

Issues/concerns for review/recommendation/legal opinion is/are as follows:

- Ordinance 01 series of 2025 entitled: **“An Ordinance providing for a Community-based Mental and Neurologic Health Program etc.”**

REVIEW/RECOMMENDATION/LEGAL OPINION:

This office is of the opinion that the subject Ordinance is generally in accordance with its power under Section 447(a)(1)¹ of the Local Government Code of 1991 (R.A 7160). It is however noted, that Article VII, Section 20 of the proposed Ordinance does not provide any information on where and how the funds are to be sourced. Hence, further review of the Ordinance is recommended.

We hope to have assisted you with this request. Please note that the opinion rendered by this Office are based on the facts available and may vary or change when additional facts and documents are presented or changed. This opinion is likewise without prejudice to the opinions rendered by higher and competent authorities and/or the courts.

ATTY. JOSE RAYMUND A. ACOL
Provincial Legal Officer *JRA*

¹Section 447. Powers, Duties, Functions and Compensation. -

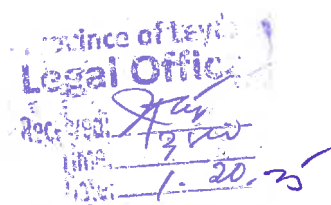
(a) The sangguniang bayan, as the legislative body of the municipality, shall enact ordinances, approve resolutions and appropriate funds for the general welfare of the municipality and its inhabitants pursuant to Section 16 of this Code and in the proper exercise of the corporate powers of the municipality as provided for under Section 22 of this Code, and shall:

(1) Approve ordinances and pass resolutions necessary for an efficient and effective municipal government,


Republic of the Philippines
PROVINCE OF LEYTE
Palo, Leyte
-000-

OFFICE OF THE SANGGUNIANG PANLALAWIGAN

1ST INDORSEMENT
20 January 2025



The Provincial Legal Office is respectfully requested to review and submit recommendations on the herein enclosed **Ordinance No. 01**, series of **2025** of the **Municipality of Tolosa, Leyte**, entitled: **An Ordinance providing for a Community-Based Mental and Neurologic Health Program and Delivery System in the Municipality of Tolosa** and appropriating the necessary funds therefor.


FLORINDA JILLS UYVICO
Secretary to the Sanggunian

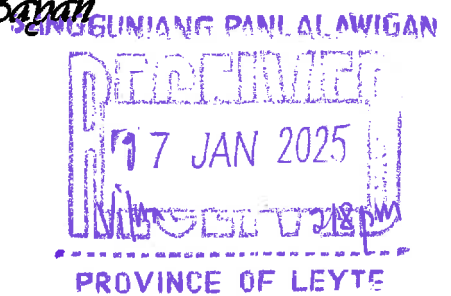


Republic of the Philippines
Province of Leyte
Municipality of Tolosa

Office of the Sangguniang Bayan

1st Indorsement

January 17, 2025



Respectfully forwarded to the Sangguniang Panlalawigan, Province of Leyte, Municipality of Palo, the herein attached **RESOLUTION NO. 01-05-2025, Entitled: A RESOLUTION ENACTING ORDINANCE NO. 01, SERIES OF 2025. RE: AN ORDINANCE PROVIDING FOR A COMMUNITY-BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA, LEYTE, AND APPROPRIATING THE NECESSARY FUNDS THEREOF, Attendance of 126th Regular Session and Certification of Posting.**

For review and approval.

Issued this **17th** day of **January 2025** at Tolosa, Leyte, Philippines.

Please acknowledge receipt hereof.

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.

Secretary to the Sangguniang Bayan
Municipal Gov't Department Head I



Republic of the Philippines
Province of Leyte
Municipality of Tolosa

Office of the Sangguniang Bayan

CERTIFICATION


TO WHOM THIS MAY CONCERN:

This is to **CERTIFY** that pursuant to paragraph (a) of Article 114 of RA 7160 Posting of **Ordinance No. 01, Series of 2025, Re: AN ORDINANCE PROVIDING FOR A COMMUNITY-BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA, LEYTE, AND APPROPRIATING THE NECESSARY FUNDS THEREOF**, was posted in three (3) conspicuous places.

The undersigned has complied the said provision last January 15, 2025.

This **Certification** is issued in compliance of Article 114 of RA 7160.

Given this **17th** day of **January 2025**.


DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan
Municipal Gov't Department Head I



Republic of the Philippines
Province of Leyte
Municipality of Tolosa

SANGGUNIANG PANLALAWIGAN

RECEIVED
17 JAN 2025
PROVINCE OF LEYTE

Office of the Sangguniang Bayan

EXCERPT FROM THE MINUTES OF THE 126TH REGULAR SESSION
OF THE SANGGUNIANG BAYAN OF TOLOSA, HELD AT THE
SESSION HALL ON JANUARY 6, 2025 AT 9:30 A.M.

PRESENT:

- | | | | |
|---------------------------------|---|---|--|
| Hon. Menardo M. Mate | - | - | Municipal Vice-Mayor (Presiding Officer) |
| Hon. Felicito D. Beltran III | - | - | Sangguniang Bayan Member |
| Hon. Edilberto R. Zabala, Jr. | - | - | Sangguniang Bayan Member |
| Hon. Manuel B. Balledo | - | - | Sangguniang Bayan Member |
| Hon. Felipe V. Canonigo III | - | - | Sangguniang Bayan Member |
| Hon. Virman Jessie O. Pundavela | - | - | Sangguniang Bayan Member |
| Hon. Ireneo Rolando A. Lumbré | - | - | Sangguniang Bayan Member |
| Hon. Rolly A. Cinco | - | - | Sangguniang Bayan Member |
| Hon. Melanie Felisa M. Vivero | - | - | Ex-Officio Member/ABC President |
| Hon. Catherine R. Benjamin | - | - | Ex-Officio Member/SK Fed. President |

ORDINANCE NO. 01
Series of 2025

AN ORDINANCE PROVIDING FOR A COMMUNITY BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA AND APPROPRIATING THE NECESSARY FUNDS THEREFOR

Author:

HON. CATHERINE R. BENJAMIN

WHEREAS, Article II, Section 15 of the 1987 Constitution mandates the State to protect and promote the right to health of the people and instill health consciousness among them;

WHEREAS, the World Health Organization (WHO) defines mental health as "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community" and it also calls the attention of the public that mental health is more than just the presence of a psychiatric disorder/sickness but more importantly, also redounds to a positive condition of one's mental well-being.

WHEREAS, mental health is a vital part of a person's total health and the problems on mental health contain not just the traditional mental disorders but the issues of target populations susceptible to psychosocial risks caused by extreme life experiences such as disasters, near-death experiences, heinous and violent crimes, internal displacement brought about by religious and civil unrests as well as the psychosocial matters of daily living like preserving a sense of well-being in these complicated times;

WHEREAS, mental health programs, therefore, should realize the significance of community efforts with multi-sectoral and multi-disciplinary participation and that such programs must take into consideration the promotive, preventive, curative and rehabilitative aspects of medical attention;

WHEREAS, patient care continues beyond institutional facilities, which must be made available in health centers and homes, and relevant care activities and interventions must be done closest to where the need or the person needing mental health services is;

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROLLY A. CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PPSK President

WHEREAS, The Sustainable Development Goals (SDGs), also known as the Global Goals includes Goal 3 which aims to ensure healthy lives and promote well-being for all, at all ages. Specifically, SGD 2.4 aims to reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.

WHEREAS, under Republic Act No. 7277, as amended, otherwise known as the Magna Carta for Disabled Person, disabled persons are part of Philippine society, thus the State shall give full support to the improvement of the total well-being of disabled persons and their integration into the mainstream of society. Toward this end, the State shall adopt policies ensuring the rehabilitation, self-development and self-reliance of disabled persons. It shall develop their skills and potentials to enable them to compete favorably for available opportunities.

WHEREAS, under Republic Act No. 11036, otherwise known as the Mental Health Act of 2018, there is a need to develop and integrate mental health services at the community level through responsive primary health care services and to create a program in accordance with the guidelines set by the Philippine Council for Mental Health in coordination with other stakeholders.

WHEREAS, under Section 17 of Republic Act (RA) No. 7160, otherwise known as the Local Government Code of 1991, local governments are tasked to deliver, among others, primary health care services to its constituents, which are deemed to include mental health services.

NOW, THEREFORE, be it **ORDAINED** by the Sangguniang Bayan of Tolosa, Leyte, in session duly assembled that:

**ARTICLE I
TITLE, POLICY, OBJECTIVES AND DEFINITION OF TERMS**

SECTION 1. TITLE – This ordinance shall be known as "AN ORDINANCE PROVIDING FOR A COMMUNITY BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA AND APPROPRIATING THE NECESSARY FUNDS THEREFOR".

SECTION 2. DECLARATION OF POLICY – The Municipality of Tolosa affirms the basic right of the people to mental health as well as the fundamental rights of people who require mental health services.

It is hereby declared the policy of the Municipality of Tolosa to uphold the right of the people to mental and neurologic health and encourage mental and neurologic health consciousness among them.

Towards this end, the Municipality of Tolosa shall adopt an integrated and comprehensive approach to the development of the Province of Leyte, Municipal Mental Health Care Delivery System to deliver appropriate services and interventions including promotion of mental and neurologic health and well-being practices, provision of mental and neurologic health protection, care, treatment, psychosocial rehabilitation and other essential services to those with mental and neurologic health illness and disabilities.

SECTION 3. OBJECTIVES. The objectives of this ordinance are as follows:

- A. Promote a community-based mental and neurologic health care delivery system;
- B. Integrate mental and neurologic health care in the general health care delivery system;
- C. Establish a multi-sectoral joint network for the promotion of mental and neurologic health and well-being, as well as identification and prevention of mental and neurologic illness or disability and the management of mental health problems among vulnerable groups in the population which include those affected by overseas employment, children, adolescents, elderly, and those who are in need of special protection like survivors of extreme life experiences and violence, among others;

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROSEMARY CINCO
Sangguniang Bayan Member

HON. MILANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PPSK President

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

- D. Promote the mental and neurologic health of the people through a multidisciplinary approach that covers health, education, labor and employment, justice and social welfare;
- E. Create and/or modernize a community-based mental and neurologic health facility;
- F. Strengthen and improve, or create for a lack thereof, a community-based referral system, in general, for efficient delivery of mental and neurologic health care and services;
- G. Prevent, identify, and manage mental and neurologic health conditions at all levels and rehabilitate service users;
- H. Provide access to comprehensive health care and treatment which ensure a well-balanced mental and neurologic health program of community-based and hospital care and treatment; and
- I. Develop coping mechanisms and strategies vital to recovery to assist individuals with mental and neurological health conditions to have a productive, quality, and livable life.

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

SECTION 4. DEFINITION OF TERMS – As defined in this Ordinance, the following terms are defined as follows:

- a. **COMMUNITY-BASED MENTAL HEALTH (CBMH)** - refers to the delivery of mental and neurologic health services within a geographically defined community. It involves identifying the community's unique mental and neurologic health needs and leveraging its inherent strengths, using resources from both government and nongovernment sectors. CBMH aims to provide comprehensive mental and neurologic health services, including promotion, prevention, treatment, recovery assistance, and rehabilitation, tailored to the community's needs. The goal is to foster a population where individuals can realize their full potential, cope with daily stresses, demonstrate resilience in the face of extreme life experiences, work productively, and actively participate in the community (DOH & WHO, 2021).
- b. **COMMUNITY HEALTH WORKER (CHW)** - refers to a person in the community equipped to deliver mental and neurologic health services. Community Health Workers may be, but are not limited to, teachers, parents and surrogate parents i.e. mothers, fathers, caregivers in households), human resource managers, staff in workplaces, non-government staff running daycare centers for children and adults, volunteers, champions from self-help groups, faith-based leaders, and civil service organizations (CSOs) (DOH & WHO, 2021).
- c. **LEGAL REPRESENTATIVE** - refers to a person designated by the service user, appointed by a court of competent jurisdiction, or authorized by the Mental Health Act of 2018 or any other applicable law, to act on the service user's behalf. The legal representative may also be a person appointed in writing by the service user to act on his or her behalf through an advance directive.
- d. **MENTAL DISABILITY** - refers to impairment in activity limitations and individual and his/her environment.
- e. **MENTAL HEALTH** - refers to a state of well-being in which the individual realizes his or her own abilities, copes adequately with the normal stresses of life, displays resilience in the face of extreme life events, works productively and fruitfully, and is able to make a positive contribution to the community.
- f. **MENTAL HEALTH CONDITION** - refers to a neurologic or psychiatric condition characterized by the existence of a recognizable clinically-significant disturbance in an individual's cognition, emotional regulation, or behavior that reflects a genetic or acquired dysfunction in the neurobiological, psychosocial, or developmental processes underlying mental functioning. The determination of neurologic and psychiatric conditions shall be based on scientifically – accepted medical nomenclature and best available scientific and medical evidence.
- g. **MENTAL HEALTH FACILITY** - refers to any establishment, or any unit of establishment, which has, as its primary function, the provision of mental health services.

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. ROYAL G. CINCO
Sangguniang Bayan Member

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Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PSK President

HON. YRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

- h. **MENTAL HEALTH SERVICE PROVIDER** - refers to an entity or individual providing mental health services, whether public or private, including but not limited to, mental health professionals and workers, social workers and counselors, peer counselors, informal community caregivers, mental health advocates and their organizations, personal ombudsmen, and persons or entities offering non-medical alternative therapies.
- i. **MENTAL HEALTH WORKERS** - These are trained volunteers and advocates engaged in mental health promotion and services under the supervision of mental health professionals.
- j. **MULTIDISCIPLINARY TEAM** - A multidisciplinary team involving a range of health professionals, from one or more organizations, working together to deliver comprehensive patient care.
- k. **PEER SUPPORT GROUP** - refers to a group which brings together people who have similar concerns so they can explore solutions to overcome shared challenges and feel supported by others who have had similar experiences and who may better understand each other's situation.
- l. **PRIMARY MENTAL AND NEUROLOGIC CARE SYSTEM** - a coordinated group of publics, private or mixed primary care providers providing a range of primary care services, as the foundation of the health care provider network.
- m. **PSYCHOSOCIAL CONDITION** - refers to a condition that indicates the existence of dysfunctions in a person's behavior, thoughts and feelings brought about by sudden, extreme, prolonged or cumulative stressors in the physical or social environment.
- n. **PSYCHOSOCIAL REHABILITATION** - is the development or restoration of an effective, adaptive identity in an individual with a congenital or acquired physical impairment through such approaches as individual or group therapy, counseling, ability assessment, and drug therapy. The object is to help the individual to develop or regain their self-image, ability to cope with emotional problems, competence, and autonomy.
- o. **SERVICE USER** - refers to a person with lived experience (PWLE) of any mental health condition including persons who require or are undergoing psychiatric, neurologic, or psychosocial care (RA 11036).

**ARTICLE II
INSTITUTIONAL MECHANISM**

SECTION 5. MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE

- A. The Municipality of Tolosa Mental Health Committee is hereby established that shall be generally responsible as the policy – making body that will provide for a consistent rational, and unified plan to promote mental and neurologic health and provide response to mental health and neurologic problems, concerns, and efforts through the formulation of the City Mental Health Care Delivery System.

For the purposes of this ordinance, the Primary Mental and Neurologic Care System shall include quality mental and neurologic health care programs through the development of efficient and effective structures, systems, and mechanisms that will ensure fair, accessible, affordable, appropriate, efficient, and effective delivery of mental and neurologic health promotion activities and care to all its stakeholders by qualified, competent, compassionate, and ethical mental and neurologic health professionals and mental health and neurologic workers.

- B. **COMPOSITION OF THE MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE.** The committee shall be composed of the following:

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDIBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROBERTO CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PPSK President

1	Mayor	Chairperson
2	Municipal Health Officer	Vice - Chairperson
3	Vice Mayor	Member
4	Chairman, SB Committee on Health	Member
5	Chairman, SB Committee on Children	Member
6	Chairman, SB Committee on Education	Member
7	Chairman, SB Committee on Barangay Affairs	Member
8	Chairman, SB Committee on Persons with Disability	Member
9	Department Head of Municipal Social Welfare and Development Office	Member
10	Representative, Department of Health	Member
11	Representative, DepEd School Division Office	Member

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

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HON. VIRMAN JESSIE O. PUNDAYVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROJAY A. CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE K. BENJAMIN
Sangguniang Bayan Member
PSK President

C. Functions of THE MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE.
The committee shall exercise the following functions:

- Review all existing issues and concerns as well as laws related to mental and neurologic health and recommend local legislation which will sustain and strengthen programs, services, and other mental health initiatives.
- Conduct resource mapping, identifying and documenting the various resources for mental and neurologic health promotion, prevention, treatment, and support services available within the community and allocate funds for the CBMH program;
- Formulate and review policies and guidelines and allocate funding in the implementation of mental and neurologic health programs and activities;
- Ensure the accessibility of mental and neurologic health services in schools, workplaces and other health facilities within the community;
- Develop an inclusive and integrated plan and program on mental health for the City/Province;
- Ensure creation and development of data gathering, monitoring and evaluation mechanisms to enhance the quality of mental health and neurologic services; and
- Facilitate collaboration of health care providers, inter-agency committees, project task forces, Academe, Professional Organizations, Faithbased Institutions, NGOs, CSOs, and other organizations with capacity and experience on CBMH. Such collaboration shall be encouraged to implement the policy and program framework of this ordinance.

D. QUORUM. The presence of the majority of the members of the board/committee shall constitute a quorum.

E. MEETINGS. The Municipality of Tolosa Mental Health Committee shall meet at least once a month or as frequently as necessary to discharge its duties and functions.

F. APPOINTMENT OF MEMBERS. Within ninety (90) days from the date of the effectivity of this ordinance, the Mayor/Governor shall appoint the members of the committee.

SECTION 6. BARANGAY MENTAL HEALTH COMMITTEE. There shall be a board/committee composed of the Barangay Health Officers of all 15 barangays of the Municipality of Tolosa that will aid in bringing Mental Health and Neurologic Services to the grassroots level. Within thirty (30) days from the effectivity of this ordinance, the concerned Barangay Health Officers will choose among themselves the Head of the Board/Committee, who will represent them and act as members of the Municipality of Tolosa Mental Health Committee.

SECTION 7. BARANGAY MENTAL HEALTH TEAMS. This shall be composed of CHWs, representatives of the barangay council and youth council as well as other stakeholders in the community. The BARANGAY MENTAL HEALTH TEAMS shall be equipped with the proper training, knowledge and skills in the promotion of mental and neurologic health and provision of frontline assessment and response to Service Users in the community. They shall be the primary implementing arm of the City/Province in addressing and/or referring the mental health issues and problems of their constituents to proper authorities/experts.

HON. MENARDO M. MATE
Municipal Vice Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

**ARTICLE III
CREATION OF A COMMUNITY-BASED MENTAL AND
NEUROLOGIC HEALTH CARE SYSTEM**

SECTION 8. COMMUNITY-BASED MENTAL AND NEUROLOGIC HEALTH CARE. The Mental and Neurologic Health Care Delivery System shall evolve from a predominantly hospital-based mental health care system to a community-based mental health care system which shall consist of:

A. **MENTAL AND NEUROLOGIC HEALTH SERVICE DEVELOPMENT** - Mental health services shall, within the primary health care system in the community, include the following:

1. Development and integration of mental and neurologic health care into the primary health care in the community;
2. Provision of programs for capacity building among existing local health care workers, teachers, nurses, midwives, and different sectors of the community, so that they can implement mental and neurologic health promotion and primary intervention initiatives. This can be through coordination with mental health facilities or psychiatric hospitals or departments of psychiatry, university hospitals, and/or similar NGO/agencies (i.e. Philippine Mental Health Association, Inc.) involved in the promotion of mental health and care. These may include but are not limited to trainings on Caring for Our Mental Health, Mental Health Gap Action Programme (MHGAP), Mental Health and Psychosocial Support (MPSS), and other psychosocial response capacity building topics;
3. Provision of support services and intervention for families and creation of support groups for Service Users.
4. Advocacy and promotion of mental and neurologic health awareness among the general population including public schools and workplaces.
5. Capacity building, re-orientation and training. Capacity building, reorientation and training shall be done for mental health professionals or workers whose previous education and training have not emphasized community mental health perspective, and shall be carried out in coordination with mental health facilities or psychiatric hospitals or departments of psychiatry, university hospitals, and/or similar NGO/agencies (i.e. Philippine Mental Health Association, Inc.) involved in the promotion of mental health and care. These may include but are not limited to training on Mental Health Gap Action Programme (MHGAP), Mental Health and Psychosocial Support (MPSS), and other psychosocial response capacity building topics that aim to capacitate Local Health Workers (LHW) and other non-medical personnel to deliver community-based mental health services.

B. **RESEARCH AND DEVELOPMENT** - Research and development shall be undertaken, in collaboration with academic institutions, mental health organizations, and non-government organizations such as the Philippine Mental Health Association, Inc., to develop appropriate and culturally relevant mental health services for the community.

**ARTICLE IV
INGTEGRATION OF PROMOTIVE AND PREVENTIVE STRATEGIES
IN THE MENTAL HEALTH AND NEUROLOGIC
PROGRAM IN THE COMMUNITY**

SECTION 9. PROMOTION OF MENTAL AND NEUROLOGIC HEALTH. The MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE shall promote an integrated approach to mental and

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

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PPSK President

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Secretary to the Sangguniang Bayan

neurologic health care recognizing that mental and neurologic health promotion programs and preventive intervention can help strengthen the basic coping mechanism of individuals in relation to stress or any psychosocial concern. They will espouse an advocacy that will raise the value of mental and neurologic health awareness among the people.

SECTION 10. PROMOTIVE AND PREVENTIVE STRATEGIES. This refers to targeted preventive and promotive strategies for groups such as, but not limited to families, schools, workplaces, and vulnerable groups such as children, pregnant women, senior citizens, victims and survivors of abuse, persons with disability (PWDs), ethnic groups/minorities, victims of disaster, and individuals with existing mental conditions that shall be integrated in the City's/Province's mental and neurologic health program according to the identified needs of the constituents through community assessment.

The following activities may be implemented in the community through collaboration with departments of psychiatry in general hospitals, university hospitals or mental facilities, and partner mental health organizations:

1. **INFORMATION DISSEMINATION AND AWARENESS CAMPAIGNS** - Education and advocacy activities that promote mental and neurologic health. These include but are not limited to culturally sensitive public awareness campaigns, dialogues, capacity-building and training that tackle caring for one's mental health, stigma, health help-seeking behaviors among others. This can also include creation and dissemination of educational materials that can increase the mental and neurologic health literacy of community members. These can be done in the form of brochures, pamphlets, posters, videos, bulletins in key areas in the community, mass media, and social media and through the conduct of workshops, conferences, or seminars open to the community.
2. **SCHOOL-BASED MENTAL HEALTH PROGRAM** - Creation of a school-based mental and neurologic health program that will focus on the conduct of activities that promote mental and neurologic health and well-being among students and teachers. This can also include training of focal personnel/teachers who can assist students with mental and neurologic health concerns and establish referral pathways to an external mental facility/agency.
3. **WORKPLACE MENTAL HEALTH PROGRAM** - Creation of a workplace mental and neurologic health program in consonance with the provision of the Mental Health Act of 2018 for the local government units and departments aimed promoting and protecting the mental and neurologic health and well-being among employees. This can also include training of focal personnel to accommodate employees with mental and neurologic health concerns and establish a referral pathway to an external mental facility/agency.

ARTICLE V MENTAL AND NEUROLOGICAL SERVICES

SECTION 11. MENTAL AND NEUROLOGIC HEALTH SERVICES. Access to services shall be established in the Municipality of Tolosa which shall provide the following:

- a. Short term in-patient hospital care for those with acute psychiatric symptoms in a small psychiatric ward;
- b. Partial hospital care for those with psychiatric symptoms undergoing difficult personal and family circumstances;
- c. Out-patient services in collaboration with existing mental and neurologic health programs at primary health care centers in the area. This shall include psychiatric consultations as well as counseling and psychotherapy by licensed counselors/psychologists through face-to-face telemedicine/telecounseling;
- d. Inclusion of psychotropic medicines in the community's mental and neurologic health facility's supply;

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

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ORDINANCE NO. 01, S.2025
"AN ORDINANCE PROVIDING FOR A COMMUNITY BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA"

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROYAL A. CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE BENJAMIN
Sangguniang Bayan Member
PPSK President

HON. FELICITO D. BERTAN III
Sangguniang Bayan Member

HON. EDIBERTO ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

- e. Conduct of screening, basic counseling, and psychological first aid during home visits or through a telephone helpline by trained community-based frontline health workers or volunteers;
- f. Linkage and possible supervision of home care services for those with special needs as a consequence of long-term hospitalization, unavailable families, inadequate or non-compliance to treatment;
- g. Coordination with drug rehabilitation centers on the care, treatment, and rehabilitation of persons suffering from drug- or alcohol-induced mental, emotional, or behavioral disorder;
- h. Referral system with other health and social welfare programs, both government and non-government, for programs in the prevention of mental illness, the management of those at risk for mental and neurologic health and psychosocial problems and mental and neurologic health condition or disability;
- i. Equipping community-based mental and neurologic health facilities for continuous care and monitoring of Service Users treated from mental health institutions;
- j. Creation of support group and provision of psychoeducation for carers, especially the family members, on how to manage and provide appropriate support for the Service User,
- k. Psychosocial rehabilitation program for Service Users through provision of halfway homes, conduct of sports and recreation activities, art therapy, life skills training, and livelihood programs; and,
- l. Creation of a mechanism to provide basic needs to vulnerable groups with preexisting mental and neurologic health condition/s or disability during extreme life events such as abuse or disaster.

SECTION 12. MENTAL HEALTH FACILITY. A mental health facility shall have an adequate number of mental health professionals, workers, and allied professionals which shall include ample space to provide each Service User with privacy and appropriate diagnostic and therapeutic apparatus, regular and comprehensive treatment and medications.

Every mental health facility must have an internal review board in coordination with the Department of Health (DOH) and the Philippine Council for Mental Health (PCMH) that will review all cases, disputes and controversies involving treatment, restraint, or confinement of Service Users within their facilities.

**ARTICLE VI
RIGHTS OF SERVICE USERS**

SECTION 13. SERVICE USER. The determination that a person has a mental health and neurologic condition or disability shall be made in accordance with internationally accepted medical classifications and standards.

SECTION 14. INFORMED CONSENT TO CARE, TREATMENT OR REHABILITATION. The consent of the Service User to be treated or admitted in a mental health facility shall be obtained freely, without threat or improper inducement, and with pertinent disclosure to the Service User of adequate and understandable information in a form or language that he/she understands.

SECTION 15. ACCESS TO EFFECTIVE AND HIGH-QUALITY MENTAL CARE. Any person shall have the right to receive mental and neurologic health care appropriate to their needs and shall be entitled to care and treatment in accordance with the same standards and accessibility as other sick individuals. An improved, effective, and easy access to mental and neurologic health care shall be made possible and a shift from a predominantly hospital-based mental health care to community-based care shall be provided.

SECTION 16. SERVICE USER'S TREATMENT. A Service User with mental and neurologic illness or disability shall have the right to treatment in the least restrictive environment suited to his/her mental health needs.

SECTION 17. VOLUNTARY ADMISSION. Every Service User admitted voluntarily shall have the right to be discharged from the facility upon the recommendation of his or her attending

HON. MENARDO M. MATE
Municipal Vice-Mayor

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Sangguniang Bayan Member

HON. EDUARDO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
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Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROLANDO CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PSK President

psychiatrist. The Service User may be retained for further treatment and care in case of the following observations:

- a. There exists a serious likelihood of danger of harming himself/herself or others;
- b. The severity of the Service User's mental illness is likely to lead to a serious deterioration in his or her condition; and,
- c. The appropriate treatment can only be done by admission to a mental health facility.

SECTION 18. CONFIDENTIALITY. All Service Users or clients with mental and neurologic illness or disability shall enjoy the right to confidentiality.

SECTION 19. ACCESS TO INFORMATION. Only Service Users or former Service Users shall be entitled to have access to their personal mental and neurologic health records. For justifiable reasons, such confidential information may not be given to the Service User but instead be given to his/her representative or counsel.

ARTICLE VII APPROPRIATION

SECTION 20. FUNDING AND APPROPRIATION. There should be appropriated the necessary amount of 500,000 for the implementation of this ordinance.

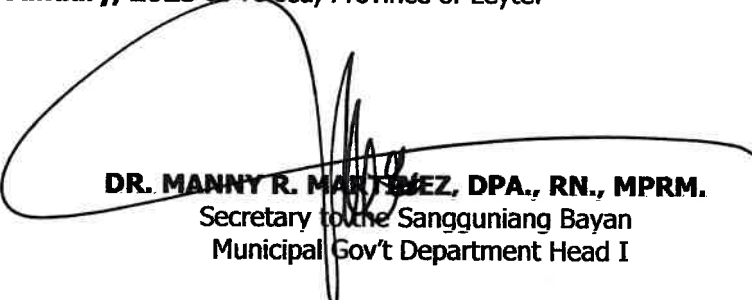
ARTICLE VIII REPEALING CLAUSE

SECTION 21. REPEALING CLAUSE. All ordinances, rules and regulations or parts thereof, found to be in conflict with, or inconsistent with the provisions of this ordinance are hereby repealed or modified accordingly.


ARTICLE IX EFFECTIVITY

SECTION 22. EFFECTIVITY. This ordinance shall take effect after fifteen (15) days following the completion of its publication in a newspaper of local circulation and posting requirements.

ENACTED, this 6TH day of **January, 2025** at Tolosa, Province of Leyte.


DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan
Municipal Gov't Department Head I

ATTESTED:



HON. MENARDO M. MATE
Municipal Vice-Mayor
Presiding Officer


HON. FELICITIO D. BELTRAN III
Sangguniang Bayan Member


HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

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ORDINANCE NO. 01, S.2025
"AN ORDINANCE PROVIDING FOR A COMMUNITY BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA"



HON. MANUEL B. BALLEDO
Sangguniang Bayan Member



HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member




HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member



HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member



HON. ROLAN A. CINCO
Sangguniang Bayan Member




HON. MELANIE FELISA M. VIVERO
Ex-Officio Member/ABC President



HON. CATHERINE R. BENJAMIN
Ex-Officio Member/SK Fed. President

APPROVED:



HON. ERWIN G. OCAÑA
Municipal Mayor
Date: 1/14/25



Republic of the Philippines
Province of Leyte
Municipality of Tolosa

Office of the Sangguniang Bayan

**EXCERPT FROM THE MINUTES OF THE 126th REGULAR SESSION
OF THE SANGGUNIANG BAYAN OF TOLOSA, HELD AT THE
SESSION HALL ON JANUARY 6, 2025 AT 9:30 A.M.**

PRESENT:

Hon. Menardo M. Mate	-	-	Municipal Vice-Mayor (Presiding Officer)
Hon. Felicito D. Beltran III	-	-	Sangguniang Bayan Member
Hon. Edilberto R. Zabala, Jr.	-	-	Sangguniang Bayan Member
Hon. Manuel B. Balledo	-	-	Sangguniang Bayan Member
Hon. Felipe V. Canonigo III	-	-	Sangguniang Bayan Member
Hon. Virman Jessie O. Pundavela-	-	-	Sangguniang Bayan Member
Hon. Ireneo Rolando A. Lumbre-	-	-	Sangguniang Bayan Member
Hon. Rolly A. Cinco	-	-	Sangguniang Bayan Member
Hon. Melanie Felisa M. Vivero-	-	-	Ex-Officio Member/ABC President
Hon. Catherine R. Benjamin	-	-	Ex-Officio Member/SK Fed. President

RESOLUTION NO. 01-05-2025

**A RESOLUTION ENACTING ORDINANCE NO. 01, SERIES OF 2025. RE: AN
ORDINANCE PROVIDING FOR A COMMUNITY-BASED MENTAL AND
NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE
MUNICIPALITY OF TOLOSA, LEYTE, AND APPROPRIATING THE
NECESSARY FUNDS THEREOF**

WHEREAS, the mental and neurologic health of individuals is critical to the well-being and productivity of the community, and it is essential to address the rising concerns related to mental health and neurological disorders within the Municipality of Tolosa, Leyte;

WHEREAS, the Sangguniang Bayan of Tolosa, through its Committee on Health, has proposed an ordinance to establish a community-based Mental and Neurologic Health Program, which aims to provide accessible mental health services and support systems to the residents of Tolosa, Leyte;

WHEREAS, the ordinance includes the provision of necessary resources, personnel, and a sustainable delivery system to promote mental wellness, prevent mental health issues, and manage neurological disorders in the community;

WHEREAS, the proposed ordinance also ensures the allocation of appropriate funds for the implementation, maintenance, and operation of the program, which will benefit a wide segment of the population, particularly those who are vulnerable or underserved;

WHEREAS, the Sangguniang Bayan, after thorough review and deliberation, deems the ordinance to be in the best interest of the Municipality of Tolosa, Leyte, and its residents;

NOW, THEREFORE, on motion of Hon. Catherine B. Benjamin, seconded unanimously, be it:


RESOLVED, as it is hereby resolved, to enact Ordinance No. 01, Series 2025, Re: An Ordinance providing for a Community-Based Mental and Neurologic Health Program and Delivery System in the Municipality of Tolosa, Leyte, and appropriating the necessary funds therefor.

RESOLVED FURTHER, that the approved Ordinance No. 01, Series of 2025, shall be implemented by the appropriate municipal agencies and personnel, ensuring that it effectively addresses the mental health and neurologic needs of the residents of Tolosa, Leyte.

RESOLVED FINALLY, that copies of this resolution be furnished to the Office of the Municipal Mayor, the Municipal Health Office, and the Municipal Budget Office, as well as other concerned agencies, for their information and appropriate action.

APPROVED, this 6th day of **January, 2025** at the Municipality of Tolosa, Leyte.


I HEREBY CERTIFY to the correctness of the foregoing resolution, duly approved by the 11th Sangguniang Bayan of Tolosa during its 126th Regular session held on January 6, 2025.


DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan
Municipal Gov't Department Head I

MOVANT:


HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member

ATTESTED:


HON. MENARDO M. MATE
Municipal Vice-Mayor
(Presiding Officer)

APPROVED:


HON. ERWIN C. OCAÑA
Municipal Mayor
Date: _____



Republic of the Philippines
Province of Leyte
Municipality of Tolosa

Office of the Sangguniang Bayan

MINUTES OF THE 126TH REGULAR SESSION OF THE SANGGUNIANG BAYAN OF TOLOSA, LEYTE, HELD AT SESSION HALL ON JANUARY 6, 2025 AT 9:30 A.M.

PRESENT:

- | | | | |
|---------------------------------|---|---|--|
| Hon. Menardo M. Mate | - | - | Municipal Vice-Mayor (Presiding Officer) |
| Hon. Felicito D. Beltran III | - | - | Sangguniang Bayan Member |
| Hon. Edilberto R. Zabala, Jr. | - | - | Sangguniang Bayan Member |
| Hon. Manuel B. Balledo | - | - | Sangguniang Bayan Member |
| Hon. Felipe V. Canonigo III | - | - | Sangguniang Bayan Member |
| Hon. Virman Jessie O. Pundavela | - | - | Sangguniang Bayan Member |
| Hon. Ireneo Rolando A. Lumbré | - | - | Sangguniang Bayan Member |
| Hon. Rolly A. Cinco | - | - | Sangguniang Bayan Member |
| Hon. Melanie Felisa M. Vivero | - | - | Sangguniang Bayan Member |
| Hon. Catherine R. Benjamin | - | - | Ex-Officio Member/ABC President |
| | | | Ex-Officio Member/SK Fed. President |

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROLLY A. CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PPSK President

CALL TO ORDER. - The session was called to order at 9:30 a.m. by the Presiding Chair, Hon. Menardo M. Mate, marking the beginning of the 126th Regular Session of the 11th Sangguniang Bayan of Tolosa.

NATIONAL ANTHEM/INVOCATION. - The session began with the singing of the National Anthem, followed by an invocation conducted via computer generation, and the singing of the Hymno han Tolosa.

ROLL CALL. - During the session, the acting secretary conducted a roll call to confirm the attendance of the members of the Sangguniang Bayan. Those present were:

1. Hon. Menardo M. Mate (Vice Mayor)
2. Hon. Felicito D. Beltran III
3. Hon. Edilberto R. Zabala, Jr.
4. Hon. Manuel B. Balledo
5. Hon. Felipe V. Canonigo III
6. Hon. Virman Jessie O. Pundavela
7. Hon. Ireneo Rolando A. Lumbré
8. Hon. Rolly A. Cinco
9. Hon. Catherine R. Benjamin
10. Hon. Melanie Felisa M. Vivero

APPROVAL OF THE MINUTES OF THE PREVIOUS SESSION. - The Secretary to the Sangguniang Bayan read the minutes of the 125th Regular session. The Presiding Chair, asked if there are corrections to be made. There being none, Hon. Edilberto R. Zabala, Jr. moved for the approval of the minutes, seconded by all members present. The motion passed unanimously, and the minutes were approved.

Privilege Speech:

Hon. Manuel B. Balledo addressed the body, explaining that he could not be physically present during the session due to health reasons. He also informed the body that although he was scheduled for a checkup the following day, he had decided to cancel it.

Hon. Menardo M. Mate expressed his gratitude for the productive year of 2024 and extended a "Happy New Year" to all.

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

APPROVED, this 6th day of **January, 2025** at the Municipality of Tolosa, Leyte.

SECOND READING:

No matters were presented for second reading during this session.

THIRD READING:

1. An Ordinance Providing for a Community-Based Mental and Neurologic Health Program and Delivery System in the Municipality of Tolosa and Appropriating the Necessary Funds Thereof.

The presiding chair opened the floor for the third reading of the ordinance, which aims to establish a community-based mental health program to address mental health and neurologic needs in the community.

After a brief discussion, the body moved to approve the ordinance. A vote was held, and the ordinance was unanimously approved. The resolution to approve and enact the ordinance was also passed.

RESOLUTION NO. 01-05-2025

A RESOLUTION ENACTING ORDINANCE NO. 01, SERIES OF 2025. RE: AN ORDINANCE PROVIDING FOR A COMMUNITY-BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA, LEYTE, AND APPROPRIATING THE NECESSARY FUNDS THEREOF

WHEREAS, the mental and neurologic health of individuals is critical to the well-being and productivity of the community, and it is essential to address the rising concerns related to mental health and neurological disorders within the Municipality of Tolosa, Leyte;

WHEREAS, the Sangguniang Bayan of Tolosa, through its Committee on Health, has proposed an ordinance to establish a community-based Mental and Neurologic Health Program, which aims to provide accessible mental health services and support systems to the residents of Tolosa, Leyte;

WHEREAS, the ordinance includes the provision of necessary resources, personnel, and a sustainable delivery system to promote mental wellness, prevent mental health issues, and manage neurological disorders in the community;

WHEREAS, the proposed ordinance also ensures the allocation of appropriate funds for the implementation, maintenance, and operation of the program, which will benefit a wide segment of the population, particularly those who are vulnerable or underserved;

WHEREAS, the Sangguniang Bayan, after thorough review and deliberation, deems the ordinance to be in the best interest of the Municipality of Tolosa, Leyte, and its residents;

NOW, THEREFORE, on motion of Hon. Catherine B. Benjamin, seconded unanimously, be it:

RESOLVED, as it is hereby resolved, to enact Ordinance No. 01, Series 2025, Re: An Ordinance providing for a Community-Based Mental and Neurologic Health Program and Delivery System in the Municipality of Tolosa, Leyte, and appropriating the necessary funds therefor.

RESOLVED FURTHER, that the approved Ordinance No. 01, Series of 2025, shall be implemented by the appropriate municipal agencies and personnel, ensuring that it effectively addresses the mental health and neurologic needs of the residents of Tolosa, Leyte.

RESOLVED FINALLY, that copies of this resolution be furnished to the Office of the Municipal Mayor, the Municipal Health Office, and the Municipal Budget Office, as well as other concerned agencies, for their information and appropriate action.

APPROVED, this 6th day of **January, 2025** at the Municipality of Tolosa, Leyte.

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROBERTO CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PPSK President

ARTICLE I
TITLE, POLICY, OBJECTIVES AND DEFINITION OF TERMS

SECTION 1. TITLE – This ordinance shall be known as “AN ORDINANCE PROVIDING FOR A COMMUNITY BASED MENTAL AND NEUROLOGIC HEALTH PROGRAM AND DELIVERY SYSTEM IN THE MUNICIPALITY OF TOLOSA AND APPROPRIATING THE NECESSARY FUNDS THEREFOR”.

SECTION 2. DECLARATION OF POLICY – The Municipality of Tolosa affirms the basic right of the people to mental health as well as the fundamental rights of people who require mental health services.

It is hereby declared the policy of the Municipality of Tolosa to uphold the right of the people to mental and neurologic health and encourage mental and neurologic health consciousness among them.

Towards this end, the Municipality of Tolosa shall adopt an integrated and comprehensive approach to the development of the Province of Leyte, Municipal Mental Health Care Delivery System to deliver appropriate services and interventions including promotion of mental and neurologic health and well-being practices, provision of mental and neurologic health protection, care, treatment, psychosocial rehabilitation and other essential services to those with mental and neurologic health illness and disabilities.

SECTION 3. OBJECTIVES. The objectives of this ordinance are as follows:

- A. Promote a community-based mental and neurologic health care delivery system;
- B. Integrate mental and neurologic health care in the general health care delivery system;
- C. Establish a multi-sectoral joint network for the promotion of mental and neurologic health and well-being, as well as identification and prevention of mental and neurologic illness or disability and the management of mental health problems among vulnerable groups in the population which include those affected by overseas employment, children, adolescents, elderly, and those who are in need of special protection like survivors of extreme life experiences and violence, among others;
- D. Promote the mental and neurologic health of the people through a multidisciplinary approach that covers health, education, labor and employment, justice and social welfare;
- E. Create and/or modernize a community-based mental and neurologic health facility;
- F. Strengthen and improve, or create for a lack thereof, a community-based referral system, in general, for efficient delivery of mental and neurologic health care and services;
- G. Prevent, identify, and manage mental and neurologic health conditions at all levels and rehabilitate service users;
- H. Provide access to comprehensive health care and treatment which ensure a well-balanced mental and neurologic health program of community-based and hospital care and treatment; and
- I. Develop coping mechanisms and strategies vital to recovery to assist individuals with mental and neurological health conditions to have a productive, quality, and livable life.

SECTION 4. DEFINITION OF TERMS – As defined in this Ordinance, the following terms are defined as follows:

- a. **COMMUNITY-BASED MENTAL HEALTH (CBMH)** - refers to the delivery of mental and neurologic health services within a geographically defined community. It involves identifying the community's unique mental and neurologic health needs and leveraging its inherent strengths, using resources from both government and nongovernment sectors. CBMH aims to provide comprehensive mental and neurologic health services, including promotion, prevention, treatment, recovery assistance, and rehabilitation, tailored to the community's needs. The goal is to foster a population where individuals can realize their full potential, cope with daily stresses, demonstrate resilience in the face of extreme life experiences, work productively, and actively participate in the community (DOH & WHO, 2021).

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDILBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE Y. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROLAN A. CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

HON. CATHERINE R. BENJAMIN
Sangguniang Bayan Member
PBSK-President

- b. **COMMUNITY HEALTH WORKER (CHW)** - refers to a person in the community equipped to deliver mental and neurologic health services. Community Health Workers may be, but are not limited to, teachers, parents and surrogate parents i.e. mothers, fathers, caregivers in households), human resource managers, staff in workplaces, non-government staff running daycare centers for children and adults, volunteers, champions from self-help groups, faith-based leaders, and civil service organizations (CSOs) (DOH & WHO, 2021).
- c. **LEGAL REPRESENTATIVE** - refers to a person designated by the service user, appointed by a court of competent jurisdiction, or authorized by the Mental Health Act of 2018 or any other applicable law, to act on the service user's behalf. The legal representative may also be a person appointed in writing by the service user to act on his or her behalf through an advance directive.
- d. **MENTAL DISABILITY** - refers to impairment in activity limitations and individual and his/her environment.
- e. **MENTAL HEALTH** - refers to a state of well-being in which the individual realizes his or her own abilities, copes adequately with the normal stresses of life, displays resilience in the face of extreme life events, works productively and fruitfully, and is able to make a positive contribution to the community.
- f. **MENTAL HEALTH CONDITION** - refers to a neurologic or psychiatric condition characterized by the existence of a recognizable clinically-significant disturbance in an individual's cognition, emotional regulation, or behavior that reflects a genetic or acquired dysfunction in the neurobiological, psychosocial, or developmental processes underlying mental functioning. The determination of neurologic and psychiatric conditions shall be based on scientifically – accepted medical nomenclature and best available scientific and medical evidence.
- g. **MENTAL HEALTH FACILITY** - refers to any establishment, or any unit of establishment, which has, as its primary function, the provision of mental health services.
- h. **MENTAL HEALTH SERVICE PROVIDER** - refers to an entity or individual providing mental health services, whether public or private, including but not limited to, mental health professionals and workers, social workers and counselors, peer counselors, informal community caregivers, mental health advocates and their organizations, personal ombudsmen, and persons or entities offering non-medical alternative therapies.
- i. **MENTAL HEALTH WORKERS** - These are trained volunteers and advocates engaged in mental health promotion and services under the supervision of mental health professionals.
- j. **MULTIDISCIPLINARY TEAM** - A multidisciplinary team involving a range of health professionals, from one or more organizations, working together to deliver comprehensive patient care.
- k. **PEER SUPPORT GROUP** - refers to a group which brings together people who have similar concerns so they can explore solutions to overcome shared challenges and feel supported by others who have had similar experiences and who may better understand each other's situation.
- l. **PRIMARY MENTAL AND NEUROLOGIC CARE SYSTEM** - a coordinated group of publics, private or mixed primary care providers providing a range of primary care services, as the foundation of the health care provider network.
- m. **PSYCHOSOCIAL CONDITION** - refers to a condition that indicates the existence of dysfunctions in a person's behavior, thoughts and feelings brought about by sudden, extreme, prolonged or cumulative stressors in the physical or social environment.

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

HON. EDHERBERTO R. ZABALA, JR.
Sangguniang Bayan Member

HON. MANUEL B. BALLEDO
Sangguniang Bayan Member

HON. FELIPE V. CANONIGO III
Sangguniang Bayan Member

HON. VIRMAN JESSIE O. PUNDAVELA
Sangguniang Bayan Member

HON. MENARDO M. MATE
Municipal Vice-Mayor

DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan

HON. IRENEO ROLANDO A. LUMBRE
Sangguniang Bayan Member

HON. ROYALMA CINCO
Sangguniang Bayan Member

HON. MELANIE FELISA M. VIVERO
Sangguniang Bayan Member
ABC President

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Sangguniang Bayan Member
PPSK President

- n. **PSYCHOSOCIAL REHABILITATION** - is the development or restoration of an effective, adaptive identity in an individual with a congenital or acquired physical impairment through such approaches as individual or group therapy, counseling, ability assessment, and drug therapy. The object is to help the individual to develop or regain their self-image, ability to cope with emotional problems, competence, and autonomy.
- o. **SERVICE USER** - refers to a person with lived experience (PWLE) of any mental health condition including persons who require or are undergoing psychiatric, neurologic, or psychosocial care (RA 11036).

**ARTICLE II
INSTITUTIONAL MECHANISM**

SECTION 5. MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE

- A. The Municipality of Tolosa Mental Health Committee is hereby established that shall be generally responsible as the policy – making body that will provide for a consistent rational, and unified plan to promote mental and neurologic health and provide response to mental health and neurologic problems, concerns, and efforts through the formulation of the City Mental Health Care Delivery System.

For the purposes of this ordinance, the Primary Mental and Neurologic Care System shall include quality mental and neurologic health care programs through the development of efficient and effective structures, systems, and mechanisms that will ensure fair, accessible, affordable, appropriate, efficient, and effective delivery of mental and neurologic health promotion activities and care to all its stakeholders by qualified, competent, compassionate, and ethical mental and neurologic health professionals and mental health and neurologic workers.

- B. **COMPOSITION OF THE MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE.** The committee shall be composed of the following:

1	Mayor	Chairperson
2	Municipal Health Officer	Vice - Chairperson
3	Vice Mayor	Member
4	Chairman, SB Committee on Health	Member
5	Chairman, SB Committee on Children	Member
6	Chairman, SB Committee on Education	Member
7	Chairman, SB Committee on Barangay Affairs	Member
8	Chairman, SB Committee on Persons with Disability	Member
9	Department Head of Municipal Social Welfare and Development Office	Member
10	Representative, Department of Health	Member
11	Representative, DepEd School Division Office	Member

- C. **Functions of THE MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE.** The committee shall exercise the following functions:

- a. Review all existing issues and concerns as well as laws related to mental and neurologic health and recommend local legislation which will sustain and strengthen programs, services, and other mental health initiatives.
- b. Conduct resource mapping, identifying and documenting the various resources for mental and neurologic health promotion, prevention, treatment, and support services available within the community and allocate funds for the CBMH program;
- c. Formulate and review policies and guidelines and allocate funding in the implementation of mental and neurologic health programs and activities;
- d. Ensure the accessibility of mental and neurologic health services in schools, workplaces and other health facilities within the community;
- e. Develop an inclusive and integrated plan and program on mental health for the City/Province;

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- f. Ensure creation and development of data gathering, monitoring and evaluation mechanisms to enhance the quality of mental health and neurologic services; and
- g. Facilitate collaboration of health care providers, inter-agency committees, project task forces, Academe, Professional Organizations, Faithbased Institutions, NGOs, CSOs, and other organizations with capacity and experience on CBMH. Such collaboration shall be encouraged to implement the policy and program framework of this ordinance.

D. **QUORUM.** The presence of the majority of the members of the board/committee shall constitute a quorum.

E. **MEETINGS.** The Municipality of Tolosa Mental Health Committee shall meet at least once a month or as frequently as necessary to discharge its duties and functions.

F. **APPOINTMENT OF MEMBERS.** Within ninety (90) days from the date of the effectivity of this ordinance, the Mayor/Governor shall appoint the members of the committee.

SECTION 6. BARANGAY MENTAL HEALTH COMMITTEE. There shall be a board/committee composed of the Barangay Health Officers of all 15 barangays of the Municipality of Tolosa that will aid in bringing Mental Health and Neurologic Services to the grassroots level. Within thirty (30) days from the effectivity of this ordinance, the concerned Barangay Health Officers will choose among themselves the Head of the Board/Committee, who will represent them and act as members of the Municipality of Tolosa Mental Health Committee.

SECTION 7. BARANGAY MENTAL HEALTH TEAMS. This shall be composed of CHWs, representatives of the barangay council and youth council as well as other stakeholders in the community. The BARANGAY MENTAL HEALTH TEAMS shall be equipped with the proper training, knowledge and skills in the promotion of mental and neurologic health and provision of frontline assessment and response to Service Users in the community. They shall be the primary implementing arm of the City/Province in addressing and/or referring the mental health issues and problems of their constituents to proper authorities/experts.

ARTICLE III CREATION OF A COMMUNITY-BASED MENTAL AND NEUROLOGIC HEALTH CARE SYSTEM

SECTION 8. COMMUNITY-BASED MENTAL AND NEUROLOGIC HEALTH CARE. The Mental and Neurologic Health Care Delivery System shall evolve from a predominantly hospital-based mental health care system to a community-based mental health care system which shall consist of:

A. **MENTAL AND NEUROLOGIC HEALTH SERVICE DEVELOPMENT** - Mental health services shall, within the primary health care system in the community, include the following:

1. Development and integration of mental and neurologic health care into the primary health care in the community;
2. Provision of programs for capacity building among existing local health care workers, teachers, nurses, midwives, and different sectors of the community, so that they can implement mental and neurologic health promotion and primary intervention initiatives. This can be through coordination with mental health facilities or psychiatric hospitals or departments of psychiatry, university hospitals, and/or similar NGO/agencies (i.e. Philippine Mental Health Association, Inc.) involved in the promotion of mental health and care. These may include but are not limited to trainings on Caring for Our Mental Health, Mental Health Gap Action Programme (MHGAP), Mental Health and Psychosocial Support (MPSS), and other psychosocial response capacity building topics;

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3. Provision of support services and intervention for families and creation of support groups for Service Users.
4. Advocacy and promotion of mental and neurologic health awareness among the general population including public schools and workplaces.
5. Capacity building, re-orientation and training. Capacity building, reorientation and training shall be done for mental health professionals or workers whose previous education and training have not emphasized community mental health perspective, and shall be carried out in coordination with mental health facilities or psychiatric hospitals or departments of psychiatry, university hospitals, and/or similar NGO/agencies (i.e. Philippine Mental Health Association, Inc.) involved in the promotion of mental health and care. These may include but are not limited to training on Mental Health Gap Action Programme (MHGAP), Mental Health and Psychosocial Support (MPSS), and other psychosocial response capacity building topics that aim to capacitate Local Health Workers (LHW) and other non-medical personnel to deliver community-based mental health services.

B. **RESEARCH AND DEVELOPMENT** - Research and development shall be undertaken, in collaboration with academic institutions, mental health organizations, and non-government organizations such as the Philippine Mental Health Association, Inc., to develop appropriate and culturally relevant mental health services for the community.

**ARTICLE IV
INGTEGRATION OF PROMOTIVE AND PREVENTIVE STRATEGIES
IN THE MENTAL HEALTH AND NEUROLOGIC
PROGRAM IN THE COMMUNITY**

SECTION 9. PROMOTION OF MENTAL AND NEUROLOGIC HEALTH. The MUNICIPALITY OF TOLOSA MENTAL HEALTH COMMITTEE shall promote an integrated approach to mental and neurologic health care recognizing that mental and neurologic health promotion programs and preventive intervention can help strengthen the basic coping mechanism of individuals in relation to stress or any psychosocial concern. They will espouse an advocacy that will raise the value of mental and neurologic health awareness among the people.

SECTION 10. PROMOTIVE AND PREVENTIVE STRATEGIES. This refers to targeted preventive and promotive strategies for groups such as, but not limited to families, schools, workplaces, and vulnerable groups such as children, pregnant women, senior citizens, victims and survivors of abuse, persons with disability (PWDs), ethnic groups/minorities, victims of disaster, and individuals with existing mental conditions that shall be integrated in the City's/Province's mental and neurologic health program according to the identified needs of the constituents through community assessment.

The following activities may be implemented in the community through collaboration with departments of psychiatry in general hospitals, university hospitals or mental facilities, and partner mental health organizations:

1. **INFORMATION DISSEMINATION AND AWARENESS CAMPAIGNS** - Education and advocacy activities that promote mental and neurologic health. These include but are not limited to culturally sensitive public awareness campaigns, dialogues, capacity-building and training that tackle caring for one's mental health, stigma, health help-seeking behaviors among others. This can also include creation and dissemination of educational materials that can increase the mental and neurologic health literacy of community members. These can be done in the form of brochures, pamphlets, posters, videos, bulletins in key areas in the community, mass media, and social media and through the conduct of workshops, conferences, or seminars open to the community.
2. **SCHOOL-BASED MENTAL HEALTH PROGRAM** - Creation of a school-based mental and neurologic health program that will focus on the conduct of activities that promote mental and neurologic health and well-being among students and teachers. This can also include training

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of focal personnel/teachers who can assist students with mental and neurologic health concerns and establish referral pathways to an external mental facility/agency.

3. **WORKPLACE MENTAL HEALTH PROGRAM** - Creation of a workplace mental and neurologic health program in consonance with the provision of the Mental Health Act of 2018 for the local government units and departments aimed promoting and protecting the mental and neurologic health and well-being among employees. This can also include training of focal personnel to accommodate employees with mental and neurologic health concerns and establish a referral pathway to an external mental facility/agency.

**ARTICLE V
MENTAL AND NEUROLOGICAL SERVICES**

SECTION 11. MENTAL AND NEUROLOGIC HEALTH SERVICES. Access to services shall be established in the Municipality of Tolosa which shall provide the following:

- a. Short term in-patient hospital care for those with acute psychiatric symptoms in a small psychiatric ward;
- b. Partial hospital care for those with psychiatric symptoms undergoing difficult personal and family circumstances;
- c. Out-patient services in collaboration with existing mental and neurologic health programs at primary health care centers in the area. This shall include psychiatric consultations as well as counseling and psychotherapy by licensed counselors/psychologists through face-to-face telemedicine/telecounseling;
- d. Inclusion of psychotropic medicines in the community's mental and neurologic health facility's supply;
- e. Conduct of screening, basic counseling, and psychological first aid during home visits or through a telephone helpline by trained community-based frontline health workers or volunteers;
- f. Linkage and possible supervision of home care services for those with special needs as a consequence of long-term hospitalization, unavailable families, inadequate or non-compliance to treatment;
- g. Coordination with drug rehabilitation centers on the care, treatment, and rehabilitation of persons suffering from drug- or alcohol-induced mental, emotional, or behavioral disorder;
- h. Referral system with other health and social welfare programs, both government and non-government, for programs in the prevention of mental illness, the management of those at risk for mental and neurologic health and psychosocial problems and mental and neurologic health condition or disability;
- i. Equipping community-based mental and neurologic health facilities for continuous care and monitoring of Service Users treated from mental health institutions;
- j. Creation of support group and provision of psychoeducation for carers, especially the family members, on how to manage and provide appropriate support for the Service User,
- k. Psychosocial rehabilitation program for Service Users through provision of halfway homes, conduct of sports and recreation activities, art therapy, life skills training, and livelihood programs; and,
- l. Creation of a mechanism to provide basic needs to vulnerable groups with preexisting mental and neurologic health condition/s or disability during extreme life events such as abuse or disaster.

SECTION 12. MENTAL HEALTH FACILITY. A mental health facility shall have an adequate number of mental health professionals, workers, and allied professionals which shall include ample space to provide each Service User with privacy and appropriate diagnostic and therapeutic apparatus, regular and comprehensive treatment and medications.

Every mental health facility must have an internal review board in coordination with the Department of Health (DOH) and the Philippine Council for Mental Health (PCMH) that will review all cases, disputes and controversies involving treatment, restraint, or confinement of Service Users within their facilities.

ARTICLE VI

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PPSK President

RIGHTS OF SERVICE USERS

SECTION 13. SERVICE USER. The determination that a person has a mental health and neurologic condition or disability shall be made in accordance with internationally accepted medical classifications and standards.

SECTION 14. INFORMED CONSENT TO CARE, TREATMENT OR REHABILITATION. The consent of the Service User to be treated or admitted in a mental health facility shall be obtained freely, without threat or improper inducement, and with pertinent disclosure to the Service User of adequate and understandable information in a form or language that he/she understands.

SECTION 15. ACCESS TO EFFECTIVE AND HIGH-QUALITY MENTAL CARE. Any person shall have the right to receive mental and neurologic health care appropriate to their needs and shall be entitled to care and treatment in accordance with the same standards and accessibility as other sick individuals. An improved, effective, and easy access to mental and neurologic health care shall be made possible and a shift from a predominantly hospital-based mental health care to community-based care shall be provided.

SECTION 16. SERVICE USER'S TREATMENT. A Service User with mental and neurologic illness or disability shall have the right to treatment in the least restrictive environment suited to his/her mental health needs.

SECTION 17. VOLUNTARY ADMISSION. Every Service User admitted voluntarily shall have the right to be discharged from the facility upon the recommendation of his or her attending psychiatrist. The Service User may be retained for further treatment and care in case of the following observations:

- a. There exists a serious likelihood of danger of harming himself/herself or others;
- b. The severity of the Service User's mental illness is likely to lead to a serious deterioration in his or her condition; and,
- c. The appropriate treatment can only be done by admission to a mental health facility.

SECTION 18. CONFIDENTIALITY. All Service Users or clients with mental and neurologic illness or disability shall enjoy the right to confidentiality.

SECTION 19. ACCESS TO INFORMATION. Only Service Users or former Service Users shall be entitled to have access to their personal mental and neurologic health records. For justifiable reasons, such confidential information may not be given to the Service User but instead be given to his/her representative or counsel.

ARTICLE VII APPROPRIATION

SECTION 20. FUNDING AND APPROPRIATION. There should be appropriated the necessary amount of 500,000 for the implementation of this ordinance.

ARTICLE VIII REPEALING CLAUSE

SECTION 21. REPEALING CLAUSE. All ordinances, rules and regulations or parts thereof, found to be in conflict with, or inconsistent with the provisions of this ordinance are hereby repealed or modified accordingly.

ARTICLE IX EFFECTIVITY

SECTION 22. EFFECTIVITY. This ordinance shall take effect after fifteen (15) days following the completion of its publication in a newspaper of local circulation and posting requirements.

ENACTED, this 6TH day of January, 2025 at Tolosa, Province of Leyte.

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ABC President

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Sangguniang Bayan Member
PPSK President

OTHER MATTERS:

1. Take Out of the Table the Ordinance Titled "Anti-Obstruction of Power Lines Acts" and Calendar for First Reading.

Hon. Melanie Felisa M. Vivero requested that the ordinance titled "Anti-Obstruction of Power Lines Acts" be taken off the table and scheduled for the first reading. The body unanimously agreed to calendar the ordinance for further discussion at the upcoming session.

2. Proposed Barangayan Sessions: Hon. Vivero, as Chairman on Rules, presented a proposed schedule for the Barangayan sessions, aimed at direct consultations between the local government and the barangay residents. The proposed schedule was as follows:

Cantariwis: January 20, 2025 (9:30 AM)
Canmogsay: January 27, 2025 (9:30 AM)
Quilao: February 10, 2025 (9:30 AM)
Imelda: February 17, 2025 (9:30 AM)
Dona Brigida: February 24, 2025 (9:30 AM)
Poblacion: March 10, 2025 (9:30 AM)

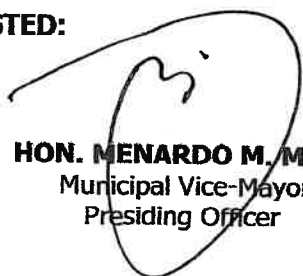
The body was asked for comments, and with no objections, the schedule was approved unanimously.

ADJOURNMENT. - There being no further matters to discuss, the session was adjourned at 11:15 A.M., with the presiding officer thanking everyone for their participation and cooperation.

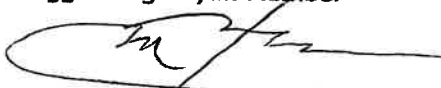
Prepared by:


DR. MANNY R. MARTINEZ, DPA., RN., MPRM.
Secretary to the Sangguniang Bayan
Municipal Government Department Head I

ATTESTED:


HON. MENARDO M. MATE
Municipal Vice-Mayor
Presiding Officer

HON. FELICITO D. BELTRAN III
Sangguniang Bayan Member

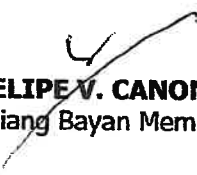

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Ex-Officio Member/SK Fed. President

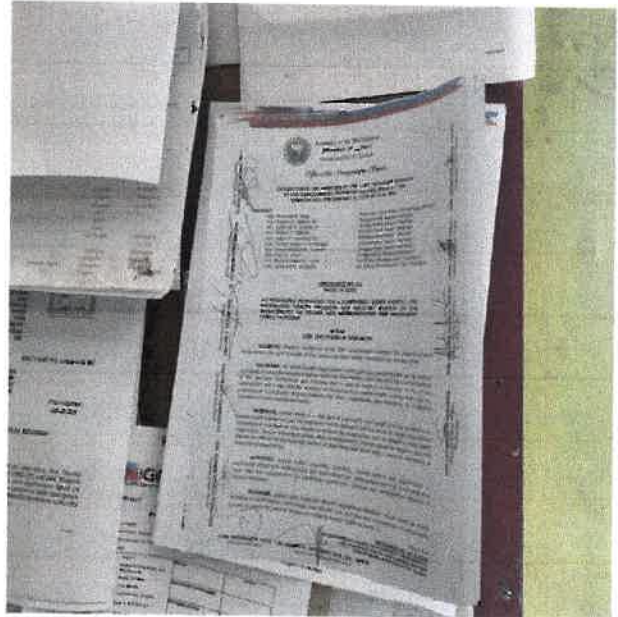
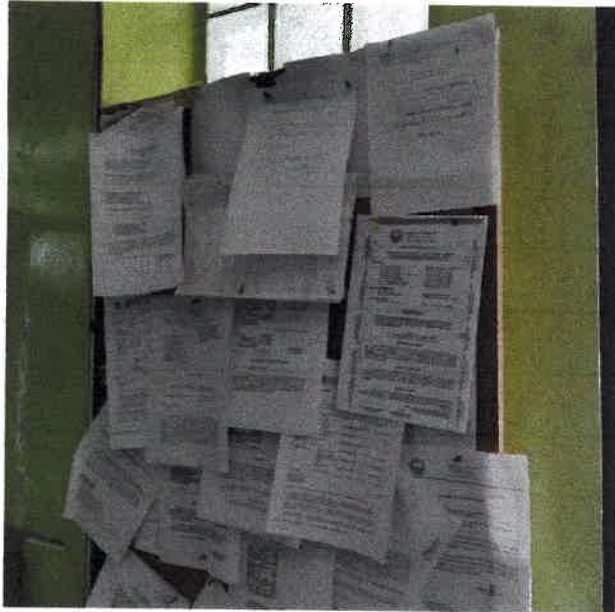

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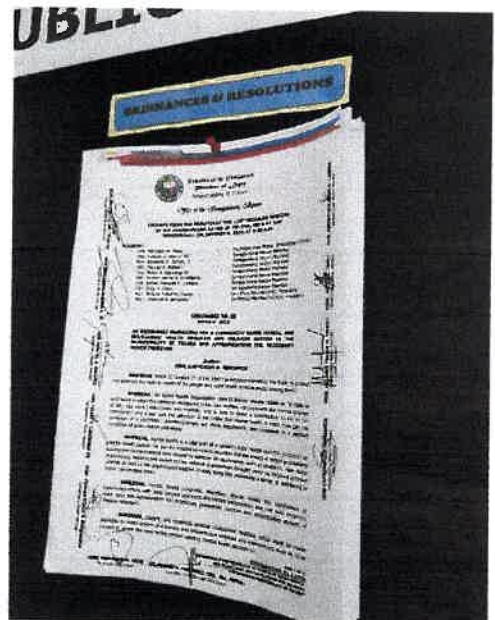
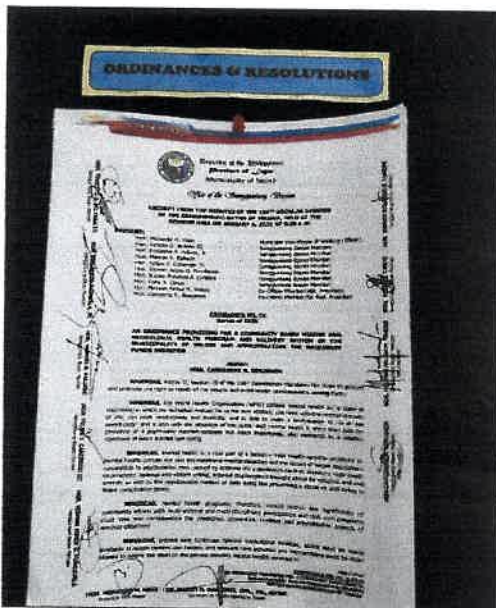

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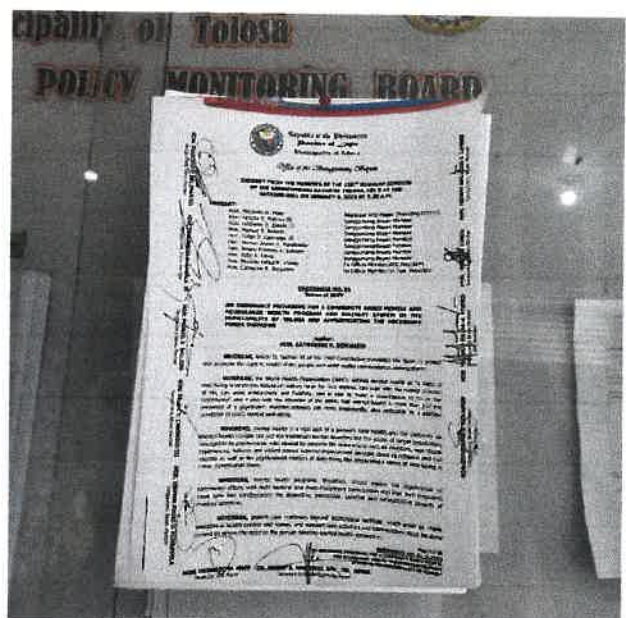
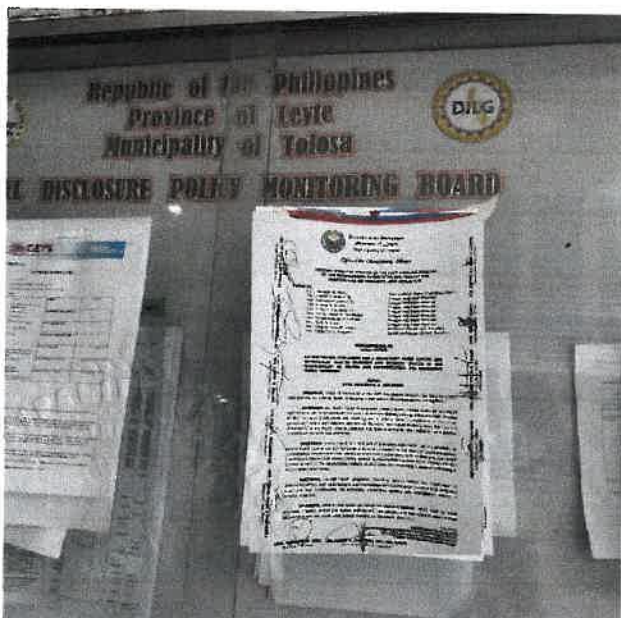
POSTING OF ORDINANCE



AT MUNICIPAL BUILDING



AT TOLOSA PUBLIC TERMINAL



AT TOLOSA PUBLIC MARKET